

# TESTOSTERONE

## HOW TO BEGIN

Pellet therapy begins with a call to us. You will have a consultation with the doctor to discuss your symptoms. To find out if you are a candidate for Pellet Therapy, we will obtain a simple blood test. When your lab results are received, the doctor will review your results and determine if Pellet therapy is right for you. Our office will then contact you and schedule your pellet insertion appointment.

After one month of having the pellet insertion appointment, another bloodwork is required to reevaluate your hormone levels and if needed adjustments can be made to the dosage required to the optimum hormone level.

## COST

Typically, pellet insertion is required for men every 4-6 months in order to maintain optimum hormone levels and alleviate symptoms of deficiency. Insertion cost is \$799 for most men, making it about \$150 per month. Lab charges for the initial and follow-up blood tests are not included.

The cost of pellet therapy, is typically not covered by insurance companies. Still, pellet therapy is the most efficient and cost-effective way to restore youthful hormone levels and physiological function in men.

## OUR COMMITMENT

At Millennium Wellness, Dr. Rassael and our staff are experts committed to providing relief for men of all ages suffering from symptoms of hormone deficiency.

### RESULTS OF PELLETT THERAPY

- Better Sleep •
- Clearer Thinking •
- More Energy in General •
- Increase in Libido •
- Weight-Loss •
- More muscle mass •

With over 50 years of research, testing and use, we are confident and passionate about the safety and benefits of testosterone replacement pellet therapy. In fact, many of our staff and their families receive pellet therapy and enjoy the benefits. We know firsthand why pellets are the superior method of testosterone replacement.

[Ask about a consultation today!](#)



**H. Michael Rassael, D.O.**  
**301-652-9005**

[www.Milmediwellness.com](http://www.Milmediwellness.com)



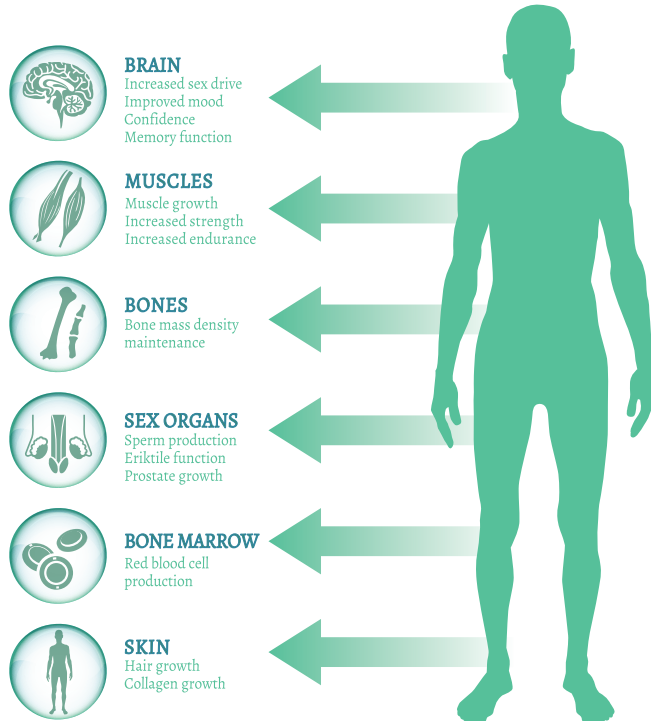
# PELLET THERAPY

# • RELIEVE •

## IMPORTANCE OF TESTOSTERONE

Testosterone is vital to the health and well-being of men. Testosterone contributes to muscle mass, strength and endurance, decreased fat, increased exercise tolerance, enhancement of the sense of well-being, sexual and erectile function, and psychological health. Testosterone also protects against cardiovascular disease and reduces cholesterol.

## THE EFFECTS OF TESTOSTERONE



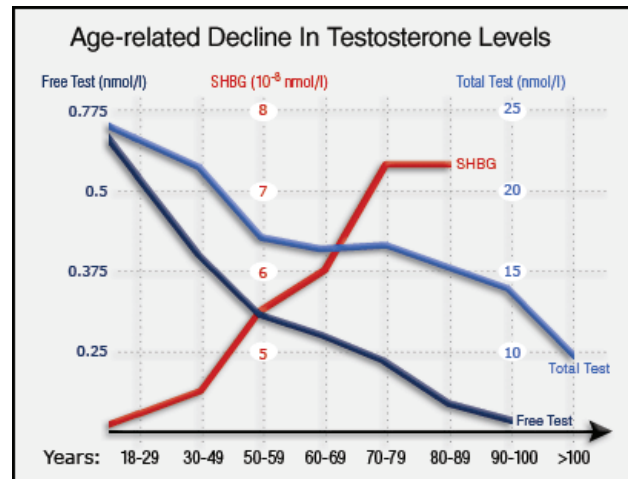
# • RESTORE •

## • DECLINING HORMONES •

As all men age, testosterone levels drop. Men may begin to experience the effects of declining testosterone levels, Andropause. Starting around age 35 to 40, Total Testosterone levels in men will decline by around 1% each year. Decrease in production causes testosterone deficiency. Furthering the deficiency, an increase in Sex Hormone-Binding Globulin (SHBG) that binds to testosterone and prevents what little is produced from becoming active. Now, only the "Free" testosterone is biologically active. But, the drop in Free testosterone is even higher, roughly 1.2% a year.

### • Symptoms of Andropause •

**Decreased Energy, Motivation, & Work Performance**  
**Muscle Loss & Strength Decline • Aching Joints**  
**Decreased • Libido • Difficulty Achieving Orgasm**  
**Erectile Dysfunction • Depression • Insomnia/Sleep problems • Difficulty Remembering Things • Fat Gain**  
**Irritability • Height Loss • Waning Bone Density**



# • REVITALIZE •

At Millennium Wellness, we are committed to providing relief for men suffering from symptoms of Andropause, or testosterone deficiency. Through the use of our **Testosterone Pellet Therapy**, we are able to enhance vitality, restore more youthful functioning, and improve quality of life in our patients

### TESTOSTERONE PELLETT THERAPY

Of all the hormone replacement treatments available, Pellet Therapy is by far the superior method of replacement. Pellets are comprised of molecularly identical hormones derived from vegetable products, and are painlessly inserted in minutes into fatty tissue on the hip. Then, the pellets release hormones directly into the bloodstream, avoiding the liver and the first pass effect. Because they are time-released, pellets provide continuous availability of the hormones, the way the body used to naturally, without unhealthy spikes and dips experienced with shots and pills.

### SAFER • MORE EFFECTIVE • RELIABLE • EASIER

Pellet Therapy provides relief from symptoms conveniently, safely, reliably, and quickly. Treatment is entirely customized. Dosage will vary from person to person based upon your individual symptoms and testosterone levels. Pellets need to be inserted just every 5-6 months for men. If you are experiencing any symptoms and have tried shots or other methods, or are just tired of suffering, pellet therapy will restore YOU!

# SCHEDULE TODAY, FEEL MORE LIKE YOURSELF AGAIN FAST!